



# Sun Safe Policy

Author	Date Reviewed	Next Review
Castledyke Primary School	Summer Term 2024	Summer Term 2027



## **Purpose**

We acknowledge the importance of sun protection and we want pupils to enjoy the sun safely. We want to educate our children when playing in the sun at school and to build an awareness of safe behaviour in the sun and establish good habits for the future.

## **Aims and Expectations**

The aim of this policy is to:

- Provide a whole school consistent approach to sun safety
- Ensure that all staff, governors, children and parents/carers are aware of school procedures with regard to sun safety
- Educate pupils about the dangers of over exposure to harmful sun rays and to teach them how to protect themselves against sunburn

## **Implementation**

We want the staff and pupils to enjoy the sun safely and so work will be done with staff, pupils and parents/carers to achieve this through:

### ***Education***

All children will be involved in a discussion, appropriate for their age and understanding, at the start of the summer about sun protection and risks.

### ***Protection***

#### *Sunscreen:*

- Parents/carers should apply sunscreen to their child before they come to school.
- Parents/carers are encouraged to apply 8 hour sun cream which is now widely available.
- Teachers are not obliged to apply sun cream and it is not practical for staff to apply cream to over 30 children during the day as this takes up valuable teaching time.

#### *Clothing:*

Pupils will be encouraged to wear suitable clothing for outdoor lessons/activities and during break/lunch periods, including clothing and headwear which protects shoulders, arms and neck.

- All children are encouraged to wear a sun hat during playtimes when the weather is hot
- Parents/carers will be reminded of the importance of children bringing a sun hat to school during the summer months at the start of every Summer Term. However this is the responsibility of the parent/carer.
- Children are encouraged to wear clothing that covers the shoulders

#### *Hydration:*

Water is always readily available to pupils. Children will be actively encouraged to drink water at regular intervals during hot weather to prevent dehydration.

- Children will be encouraged to get a drink if they have not brought in their own water bottles
- Parents/carers will be reminded to send water bottles to school every day
- There is a cold water tap in every classroom as well as the staffroom and the school library

*Shade:*

- Children are encouraged to spend time in the shaded areas in the playground/field during lunchtime play during the summer months
- Opportunities will be taken to maximum use of shade during outdoor lessons/activities.
- In extremely hot weather, consideration will be given to the appropriateness of an activity if it means that children will be exposed to the sun for longer than the recommended periods

### **Weather forecasts**

The school gets notifications and advice from Public Health of any extreme weather warning to help them prepare. Forecasts provided by the media can also give valuable information, particularly in regard to recommended time for exposure to the sun during the period between 11am and 3pm when the sun's rays are at maximum strength.

If there are any forecasted extreme weather conditions then the school will take appropriate action to limit pupil and staff exposure.